# What we do about bullying

 St Patrick’s PS and Nursery Castlederg

## Our school/youth group defines bullying as a form of unacceptable behaviour

## It is repeated behaviour that happens over a period of time

## It involves an imbalance of power

## It is intentionally hurtful behaviour

## All unacceptable behaviour must be challenged, whether it is bullying or not.

## To access our Anti-Bullying/ Behaviour Policy www.stpatrickspscastlederg.co.uk

## If you have concerns about bullying you should contact: your child’s teacher, Mrs. Mc Glade Vice- Principal or Mr. Mc Gurk Principal

## What should I do if my child is being bullied? – Speak to any of the above or check out [www.endbullying.org.uk/toptipsforparents](http://www.endbullying.org.uk/toptipsforparents)

# Need help or advice?

## Support for Children and Young People

If you are experiencing bullying behaviour, or are worried about someone that may be, it is important that you tell an adult you trust about it. This might be a parent or carer or another member of your family. It might be teacher, youth worker or another adult that works with you. It doesn’t matter who you tell, just tell someone.

If you would like to talk to someone about your concerns or worries about bullying you can talk to:

* ChildLine – 0800 1111
* Lifeline – 0808 808 8000

## Support for Parents, Carers and Other Adults

If a child or young person tells you they are experiencing bullying behaviour it can be very distressing and worrying. If you would like to talk to someone about your concerns or worries you can contact:

* Parenting NI Helpline – 0808 8010 722
* NSPCC Helpline – 0808 800 5000
* Children’s Law Centre (Chalky) – 0808 800 5678